

# Building Connections, Supporting Success

Tuesday 18 March 2025 Bellerive Function Centre

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## Welcome!

We're pleased to have you join us for today's program.

#### YOUR MC

#### **Katy Cooper**

Founder and Co-CEO, DisCO (Disruptive Consulting)



Katy is passionate about helping organisations to understand the future they can't see yet. She believes it's time to explore leadership for our potential futures (plural) not just our 'future' (singular, ideal). Katy works with organisations to develop flourishing systems and strategies.

YNOT represents a diverse membership of young people aged 12-25 years, organisations and groups that benefit young Tasmanians, and individuals committed to our vision and principles.

YNOT members play a vital role in informing our policy and advocacy work, and supporting young Tasmanians to have their views heard on matters important to them.

### Together we can create positive change by:

- Amplifying the views, rights and leadership of young Tasmanians.
- Supporting and empowering young Tasmanians to influence decisions, shape policies and build a future that reflects their needs and aspirations.
- Participating in conversations with decision makers and elected representatives at all levels of government.
- Ensuring policy makers and community members understand the impacts of policies and decision-making on young people and the sector that supports them.

#### With us you can:

- Empower young people to participate in their community by taking part in youth forums, consultations, advisory groups and projects.
- Share your expertise and advice on a range of issues relevant to young people and the sector to inform our advocacy and policy efforts.
- Be eligible to join the YNOT Board and vote at annual general meetings.
- Receive member discounts for professional learning activities delivered by YNOT.
- Benefit from YNOT's informed views on relevant policy and stay up to date with sector development and funding opportunities.

### For more information about membership visit www.ynot.org.au or scan the QR code below.





## Today's Program



8:15am - 9:00am	Registration	Scan to see an	
9:00am	Welcome and Official Opening	online version of this program	
	Niara Mansell, Welcome to Country		
	Tania Hunt, YNOT CEO The Hon Roger Jaensch MP, Minister for Children and Young People		
	Sophie Calic, Transition to Work Manager, Workskills Tasmania		
	Gold Sponsor: The Power of Connection: Helping Young People Find Their Next Step		
9:30am	Keynote: Beyond Enterprises to Ecosystems		
	Rebecca Scott, OAM, Co-CEO, STREAT		
10:10am	Panel discussion: Social enterprise in the local context		
	Adam Mostogl, CEO & Chief Entrepreneur, The van Diemen Project Ant Edler, Founder and CEO, The Tasmanian Bike Collective		
	Emily Briffa, Founder and CEO, Hamlet		
	Megan Denne, Troublesmiths Coordinator		
10:40am	Morning tea break (30 mins)		
	Please take the time to meet our exhibitors		
11:10am	Centring young people's voices: Challenging the status quo		
	Interim Commissioner for Children and Young People, Isabelle Crompton		
	Defining and Strengthening the Lived Experience Workfo		
	Steve Bobs, Training and Development Project Officer, LEx Training Hub Mental Health Council of Tasmania	),	
11:50am	Youth panel discussion: Insights about working in the community sector		
12:30pm	Lunch break (45 mins)		
	Please take the time to meet our exhibitors		
1:15pm	Keynote: Preventing Burnout and Moral Injury		
	Dr Amy Imms, Founder, The Burnout Project		
2:15pm	Cultural Safety for Aboriginal Children		
	Tasmanian Aboriginal Centre		
2:30pm	Afternoon tea break (30 mins)		
	Please take the time to meet our exhibitors		
3pm	Building Cultural Capability		
	Please note change to speaker Aimen Jafri, Training and Engagement Officer, Migrant Resource Centi	ro Tosmonio	
	Ameri Jam, maining and Engagement Officer, Migrant Resource Cent		
3:45pm	Closing remarks & drawing of door prizes		
	Sally Thompson, Chair, YNOT		
4pm	Event close		

## **Our Presenters**

#### Niara Mansell

**Welcome to Country** 

Photo credit: Keith Deverell

Niara Mansell, a proud Tasmanian Aboriginal woman from the northeast of lutruwita (Tasmania), now resides in nipaluna (Hobart). At 21, she has dedicated her life to sharing her culture and island history through dance and song. In her Spoken Statement to Country, she will acknowledge the people's presence and the island's spirits in her language, honoring her heritage and ensuring its continuation for future generations.

#### Rebecca Scott DAM

Co-founder and CEO, STREAT

Bec is Co-founder and CEO of STREAT, a Melbourne-based social enterprise working with young people to provide them with a healthy self, job and home. She is recognised nationally as a leading social innovator and will share some of STREAT's recent work collaborating with others to build networks, precincts, aggregators, Communities of Practice and incubators.

#### **Sophie Calic**

Transition to Work Manag<mark>er,</mark> Workskills Tasmania



Sophie is a passionate advocate for Tassie's future generations, with extensive experience working with young people in employment services, social enterprise, and community development settings. In her current role at Workskills Tasmania, she leads her team in supporting young people to build the confidence, skills and networks they need to achieve their career and life goals. The Hon Roger Jaensch, MP Minister for Children and Youth

Roger was first elected to the House of Assembly in the Tasmanian Parliament in 2014. He currently holds the portfolios of Children and Youth, Mental Health and Wellbeing, Community Services and Finance. Roger believes Tasmania should be a place where every Tasmanian can achieve their own vision and potential – a Tasmania full of people doing great things without limiting opportunities for other Tasmanians, or future generations, to do the same.

#### **Isabelle Crompton**

Interim Commissioner for Children and Young People



In her current role, Isabelle draws from more than two decades of experience in legal practice, advocacy, and influencing policy and law reform concerning children's rights and wellbeing. Isabelle has extensive experience representing the interests of children and young people in the youth justice and child protection systems and is a former member of Tasmania's Mental Health Tribunal. She will provide a high-level summary of her recent advocacy on behalf of children and young people, including how she has engaged with children and young people to hear their views about significant government reforms arising from Tasmania's recent Commission of Inquiry.

#### **Dr Amy Imms**

Medical doctor, founder of The Burnout Project, author of 'Burnout: your first ten steps'



Since her own experience of burnout in 2016, Amy has been raising awareness of burnout and helping individuals and organisations prevent and manage burnout well so that people can have fulfilling and sustainable careers as well as a thriving personal life. She will share a framework to address the three phases of responding to burnout and you will come away with an understanding of workplace and individual factors that lead to burnout. Delegates will come away with practical strategies they can use to address key management areas including stress, compassion fatigue and moral injury.

#### **Steve Bobs**

Training and Development Project Officer, LEx Training Hub, Mental Health Council of Tasmania



Steve brings with him insights from his experience as a Recovery Coach and Team Leader in a Peerled Community Mental Health Service. In his current role in training and development at the LEx Hub, he supports the growth of the lived experience workforce. Based in Hobart, the LEx Hub delivers workshops across the state, to grow a personalised and empowered lived experience workforce. Steve's presentation will explore the roles of Lived Experience Workers (LEx), Lived Experience Advocates (LEA), peer mentors, peer workers, and peer supporters – clarifying their unique contributions and intersections.

## **Our Panellists**

#### Adam Mostogl

CEO & Chief Entrepreneu<mark>r</mark>, The van Diemen Project



Adam dynamically fuels innovation and transformation across communities, businesses, and education. He thrives on fostering creative solutions that drive personal growth, business triumphs, and societal change.

#### **Emily Briffa**

Founder and CEO, Hamlet

Emily is a social entrepreneur who believes that business can and should play a part in tackling entrenched social disadvantage. Emily left her job as a chef to co-found Hamlet in 2016. Hamlet provides hands on hospitality training, workplace readiness, and individualised wrap around support to people facing barriers to employment, with a focus on people with disability, neurodivergence, and mental health concerns.

#### <mark>M</mark>egan Denne

Team Leader, Troublesmiths



Megan is passionate about designing and facilitating meaningful experiences for young people. As the Team Leader of Troublesmiths, she has spent years harnessing the power of social enterprise to empower young Tasmanians and played a pivotal role in developing and scaling the Troublesmiths social enterprise. With expertise in social impact program design, leadership, and facilitation, Megan has designed innovative programs that foster confidence, resilience, leadership capacity and job-readiness in young people.

#### **Ant Edler**

Founder and CEO, The Tasmanian Bike Collective



Ant is the Founder and CEO of the Tasmanian Bike Collective and has run school and community based youth programs since 2003, winning awards and recognition for his efforts. The Tasmanian Bike Collective now works with more than 80 at-risk youth every week across three locations in Southern Tasmania.



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let's goooo



youth network of Tasmania

## **Our Vision**

A Tasmania where all young people are valued.

## **Our Purpose**

To amplify the voices, rights and leadership of young people in Tasmania.

We acknowledge and pay respect to Palawa/Tasmanian Aboriginal people as the original owners of Lutruwita/Tasmania. YNOT is located in Nipaluna/Hobart, Palawa country. We acknowledge the Muwinina people of this country and the Tasmanian Aboriginal community of today.

## **Contact us**



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youthnetworkoftas



www.ynot.org.au

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